

April 19 - April 25 Appointment Schedule

Drop-in by appointment only. Call (410)313-2764 x2 to schedule. Review COVID rules and expectations on back.

Monday-Friday	Saturday	Sunday		Limitations to Reservations:
Lap/Beach/Deep			Pool	
6-7am	7-8am	8:45-9:45am	Monday	2 lanes at 4pm, 5:30pm & 7pm
7:15-8:15am	8:30-9:30am	10-11am	Tuesday	2 lanes at 9:45am & 7pm
8:30-9:30am	10-11am	11:30am-12:30pm		No Beach at 9:45am, 4pm, 5:30pm &7pm
9:45-10:45am	11:30am-12:30pm	5-6pm		No Deep at 4pm, 5:30pm, 7pm & 8:30pm
11 am-12pm	5-6pm	6:15-7:15pm	Wednesday	No Beach at 5:30pm & 7pm
2:30-3:30pm	6:15-7:15pm	7:30-8:30pm		No Deep at 4pm, 5:30pm, 7pm & 8:30pm
4-5pm	7:30-8:30pm		Thursday	2 lanes at 9:45am & 7pm
5:30-6:30pm	8:45-9:45pm			No Beach at 9:45am, 4pm, 5:30pm &7pm
7-8pm				No Deep at 4pm, 5:30pm, 7pm & 8:30pm
8:30-9:30pm			Friday	No Beach at 5:30pm & 7pm
Open Swim				No Deep at 4pm, 5:30pm, 7pm & 8:30pm
12:30-2pm	1-2:30pm	1-2:30pm	Saturday	2 lanes at 10am & 11:30am
		3-4:30pm		
			Sunday	
Fitness Room/ Walking Track				Fitness Room/ Walking Track
6-7:30am	7-8:30am	7-8:30am	Monday	
8-9:30am	9-10:30am	9-10:30am	Tuesday	
10-11:30am	11am-12:30pm	11am-12:30pm	Wednesday	
12-1:30pm	1-2:30pm	1-2:30pm	Thursday	
2-3:30pm	3-4:30pm	3-4:30pm	Friday	
4-5:30pm	5:30-7pm	5-6:30pm	Saturday	
6-7:30pm	7:30-9pm	7-8:30pm	Sunday	
8-9:30pm				

Need to cancel your appointment?

Email <u>rccc@howardcountymd.gov</u>
Include your name and appointment date/time.



Patron Expectations

Guests that do not meet the expectations will be asked to leave and may forfeit their ability to reserve future appointments until the center is permitted to operate at 100% capacity.

- Please stay home if you have a fever (100.4 or above) or are experiencing symptoms of illness.
- Arrive dressed and ready. Changing areas and storage lockers are closed. The facility is not responsible for personal belongings.
- Bring water. Water fountains are turned off.
- Do not enter the building until 5 minutes prior to your appointment. Please do not congregate by the facility.
- Five minutes before your appointment, please make sure you have a facial covering over your nose and mouth and form a single line (6 feet apart from one another).
- Upon entering the building, you must complete a health screening.
- You may only utilize the area you have an appointment scheduled in.
 Once you have completed your activity, please exit the facility and do not congregate.
- Adhere to all physical distancing guidelines and posted signage.
- You are required to wear a facial covering at all times except when swimming.
- Practice good personal hygiene (wash hands, cover sneeze/coughs).
- For Fitness Room & Walking Track Appointments: Patrons are limited to 1 appointment per day and 4 appointments per week.
- For Pool Appointments: Patrons are limited to 1 appointment per day and 3 appointments per week

Fitness Room

- Clean fitness equipment before and after use.
- Use one piece of equipment at a time.
- Walking Track
- No organized play in the gymnasium.
- Bring your own equipment. The center will not provide equipment.

Pool

- Lap swim appointments will be 60-minute blocks, open swim appointments will be 90-minute blocks
- It is not recommended to wear your mask while in the water.
- Shower before entering the pool
- Recommended to bring:
- a towel, sharing towels is not recommended
- personal flotation devices (lifeguard approved), kick boards, swim caps, nose plugs, and goggles.